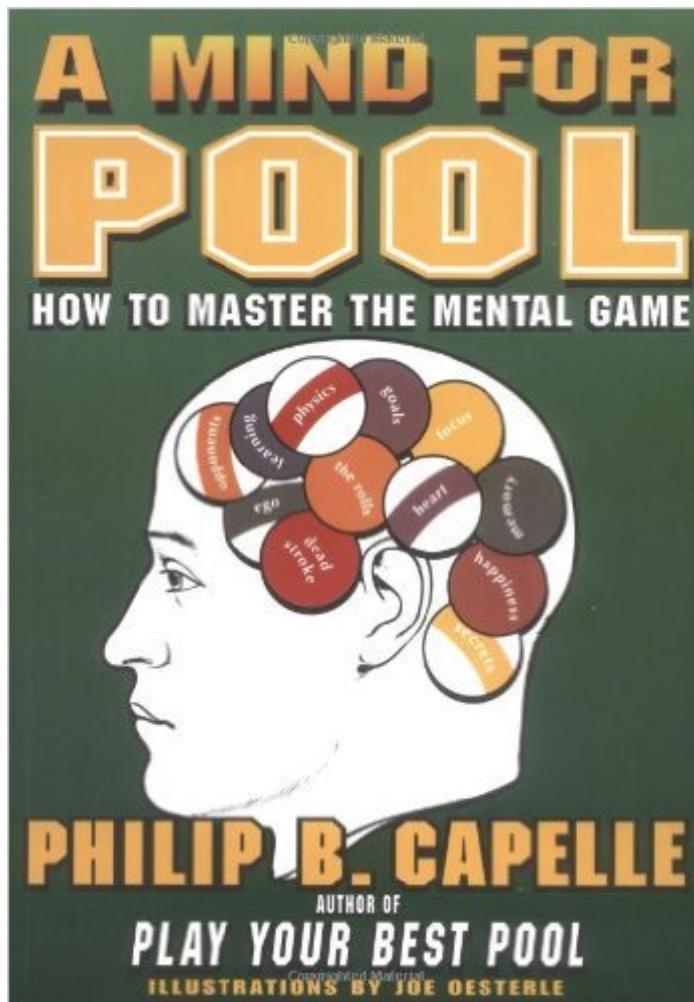


The book was found

A Mind For Pool: How To Master The Mental Game



Synopsis

Pool is largely a mental game. So if you want to realise your full potential, you have got to eliminate the mental mistakes that are holding you back. A Mind for Pool will show you how to think pool like a champion. In the process you will learn how to: play under pressure; handle troublesome opponents; concentrate fully on every shot; overcome anger; adapt to the playing conditions; complete successfully in leagues, tournaments, and money games; evaluate and improve your game have much more fun; experience a quantum leap in your game.

Book Information

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Average Customer Review: 4.2 out of 5 starsÂ See all reviewsÂ (25 customer reviews)

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Customer Reviews

I've been playing for about 4 months and have really gotten into the game. I've bought a lot of books about how to "make this shot" or "what strategy to use in a game of 9-ball" but I didn't have a book about the mental side of the game. I picked up this book to fill that gap. I read it and found some useful ideas but was a little disappointed that I didn't find more. A week after buying the book I entered my first tournament at a local pool room. I didn't do as well as I would have liked but couldn't understand why. That night I went home and looked through this book again. Suddenly it was like a totally different book. After having played in the tournament I realized what this book really teaches you: How to think about pool and your playing. If you are into playing pool seriously, you need this book. A great addition to your shelf.

We recently bought this book at the BCA North American Pool Tournament held in Las Vegas. It was actually sold out the second day there and we had to order it to be shipped to us. Received it

just recently and it is so sensible and 'down to earth' in the approach of why things in pool happen. It is written in common language that all pool players hear and say. Simple and concise it approaches all problems connected to the game. Everyone gets in a slump now and then, it deals with that. It deals with playing on a team, playing in tournaments, playing for money or just for fun. In reading this, you discover you're not the only person who feels this way, or wonders about your game being stagnant or progressing. It deals with practice, patience and addresses the fact that if pool was as easy as it looks, we'd all be Allison Fischer! Great Book for anyone wanting to sharpen their game with mental as well as physical skills. That's why I'm ordering a second book, one for me and one for my husband.

I am a nearly everyday pool player. Pool is ground zero for me. I have lost and gained many relationships because of my passion. But, since I've only played seriously for a year, I still am a true student of the game. I examine each book and video I find thoroughly from cover to cover picking things out that are useful and skipping through the stuff I'm already familiar with. When I purchased this book I was very pleased to see no descriptions on stance, grip, or physical technique. Everything covered was completely mental. Having already participated in league play and tournament play, I was already quite aware of the triumphs and dissapointments associated with winning and losing. But having those feelings brought to the surface and examined was a true revelation. Two months after completing the book I won the chance to compete in the Camel 8-Ball Singles Championship in Las Vegas. I took 9th in the nation, with much credit to this book. Losing in the second round, I was able to use the book's information to help come back strong all the way to my last match. And when I lost that last match for 9th place, I was able to recognize that I had done well, but that my mind in pool was still too immature to have done better without more 'luck'. Since then I have gone on to consistently beat my teachers and look for more challenging and experienced players and am more prepared now than ever to challenge them and learn from them. If you are a true 'student of the game', then this book is a must have in learning how to be a better 'student'. Read it and you will realize your first quantum leap in your game and your life.

a great analysis of the mental side of pool. Lots of information on the competitive side of pool: how to gear up, dealing with slumps and streaks, etc. Just as important, he emphasizes that pool should be enjoyable, whatever one's manner of enjoyment might be, from very leisurely to ultra-serious. To sum it up, "There is so much to love about pool that it is simply foolish to waste any time on the negatives." I have to second this; browsing this book alot lately has made me want to play, learn

and enjoy the game again, after several months of hardly playing at all. Capelle certainly does not disappoint.

This is such a comprehensive book about the role of the mind in pool that much of its advice and lessons could be applied to any difficult endeavor that involves significant behavior change. In other words, people could apply the knowledge imparted in this book to dieting, stopping smoking and so on. The information is so universal and valuable that it could help anyone - not just pool players. With regard to pool, it would be hard to imagine another resource that is so comprehensive yet so readable and well-organized. I am just a beginner at pool yet this book offered me lots of tips and suggestions so that I learn the fundamentals as well as the many mental aspects of this great sport. I imagine that a seasoned player would get even more out of this book because of its emphasis of staying positive when competing. Just a great book - well worth the price.

Semi-worthless. Capelle is apparently just trying to write another book to make money by take bits and pieces of his other books and putting them here and adding a lot of verbiage and fluff. You are better off with one of his more focused books or books by other authors.

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